

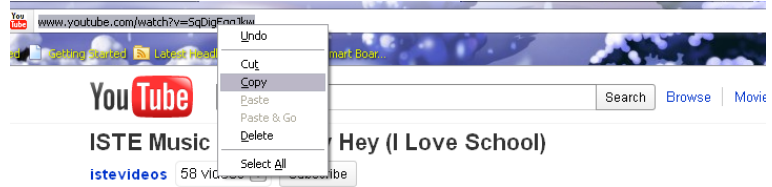
# Inserting Flash Video

If you would like to embed a video onto the page of your Smart lesson, you will need a video in flash format.



Here is one way to achieve this effect:

1. Locate an educational video on Youtube.com or Teachtube.com.
2. Once you have found the video, copy the url for that video.
3. In a second internet window or tab, visit [www.keepvid.com](http://www.keepvid.com).

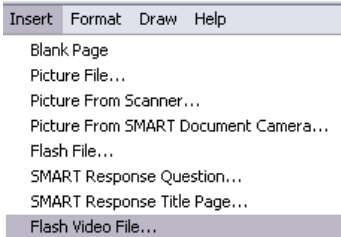


KEEPVID Bookmarklet **\*updated Mar 9, 2011\***  
1.) Drag this button onto your links toolbar  
2.) Click **Keep It!** when watching a video to download it

KeepVid on Facebook  
Like 207,416

Enter video URL or Search here - example: 'lolcats', <http://youtube.com/watch?v=3W5a8mDTW6k> **DOWNLOAD**

4. Paste the url for the video link into the blue-outlined rectangular area and select Download.
5. You should see your link downloading. If you see a pop-up, click run to complete the download.
6. Choose an FLV version of the video by clicking on that link in the list provided by the Keepvid program and save this video to your computer.



Now that you have your video, return to the Smart notebook page where you wish to embed the video; select Insert>Flash Video File, select the video then click Open. Your video should appear on the page you've selected inside the lesson. You may use the picture handles to resize or relocate the video anywhere on the page.

